**“# Struggles – Following Jesus in a Selfie Centered World”**

**Pastor Craig Groeschell’s new book makes a compelling case that technology and social media have life-enhancing benefits and can be a blessing, however, many people of all ages are becoming enslaved, obsessed, being led down the path of idolatry and other sins by the technology and social media. The book has eight chapters:**

1. **Recovering Contentment – The Struggle with Comparisons\***
2. **Restoring Intimacy – The Struggle with “Likes”\***
3. **Revealing Authenticity – The Struggle with Control\***
4. **Resurrecting Compassion – The Struggle with Desensitization\***
5. **Reviving Integrity – The Struggle with Secret Impurity**
6. **Remembering Encouragement – The Struggle with Constant Criticism**
7. **Reclaiming Worship – The Struggle with Idolatry**
8. **Replenishing Rest – The Struggle with Constant Distraction\***

**There are also appendices on The Ten Commandments of Using Social Media to Grow Your Faith and Share God’s Love and Safeguards.**

**There is also a companion study guide and DVD series that can be used with book in small groups.**

**The study guide covers the five chapters that are marked with an \*.**